



We can help your family stay healthy

Apply for your prepaid Healthy Start card now at:
www.healthystart.nhs.uk

Are you receiving **benefits**?
Do you have **children under 4**?
Or are you **pregnant**?

Healthy Start is a NHS benefit
worth up to £1200 to help you buy
fruit, veg and milk for you and your young family.

Use this QR code to head straight to
healthystart.nhs.uk and see if you
qualify

